



DEGREE IN HUMAN NUTRITION AND DIETETICS

FACULTY OF HEALTH SCIENCES

4 years

240 ECTS



IN-CLASS/ONLINE



- ✓ PRACTICAL TRAINING AIMED AT PROFESSIONAL WORK
- ✓ LATEST TRENDS IN APPLIED NUTRITION
- ✓ WORK PLACEMENTS
- ✓ TEACHERS IN TOUCH WITH THE PROFESSION

CAREER OPPORTUNITIES

- In public and private health: primary care centres, specialist care in hospitals, occupational mutual insurance companies and illnesses, dietetics and nutrition centres or offices, freelance professionals, etc.
- In the socio-health area: canteens, catering services, educational institutions, residences, health promotion and prevention teams, the restaurant industry, food industry, etc.
- In physical activity and sport: sports centres, gyms, sports schools, clubs, associations, personal training centres, etc.
- In the area of leisure, recreation and aesthetics: physical and aesthetic treatment centres.

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WE FOSTER YOUR
TALENT AND YOUR
PROFESSIONAL CAREER



PROFESSIONAL
FOCUS AND JOB
OPPORTUNITIES



UEMC
ENTREPRENEURS
CLUB



INTERNATIONAL
MOBILITY

STUDY PROGRAMME

FIRST YEAR			
SEMESTER 1	ECTS	SEMESTER 2	ECTS
Human Anatomy	6	Physiology II	6
Physiology I	6	Biochemistry	6
Food Chemistry	6	Nutrition Psychology	6
English	6	Information and Communication Techniques	6
Food and Culture	6	Food Policy	6
SECOND YEAR			
SEMESTER 1	ECTS	SEMESTER 2	ECTS
Research Methodology	6	Applied Statistics	6
Bromatology	6	Economics and Management	6
Food Microbiology	6	Nutrition II	6
Nutrition I	6	Immunology	6
Physiotherapy	6	Endocrinology	6
THIRD YEAR			
SEMESTER 1	ECTS	SEMESTER 2	ECTS
Practicum I			12
Food Toxicology	6	Food Hygiene and Safety	6
Dietetics I	6	Nutritional Education	6
Pharmacology	6	Mass Catering	6
Food Legislation	6	Dietetics II	6
FOURTH YEAR			
SEMESTER 1	ECTS	SEMESTER 2	ECTS
Practicum II			12
Diet Therapy	6	Community Nutrition	6
Sports Nutrition and Supplements	6	Dissertation	6
Optional *	Sensory Analysis and Tasting	Innovation in Culinary Techniques	6
	Nutraceuticals and Herbal Medicine	Sports Dietetics	6
	Food and Ageing	Cancer and Diet	6
	Endocrinology in Sport	Optional * Sports Immunology	6
	Psychiatry and Nutrition	Nutrition during Pregnancy and Breastfeeding	6
	Food Marketing	Physiotherapy and Nutrition	6

(*) Students must choose 24 credits in optional courses, of which, under current regulations, the University can recognise up to 6 credits for participation in university activities related to culture, sports, student representation, collaboration with departments, groups and research projects, solidarity, cooperation or similar.

Prospectus published in May 2018. The content of these programmes may be subject to variations depending on legislative changes and their implementation. It will also be subject to internal organisational requirements.



SCHOLARSHIPS AND STUDY GRANTS



DOUBLE DEGREE POSSIBLE WITH:



PHYSICAL ACTIVITY AND SPORTS SCIENCES



FOOD TECHNOLOGY AND INNOVATION