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TRAIN TO HELP OTHERS ENJOY HEALTH. GET READY TO OVERCOME THE MOST CHALLENGING GOALS. BECOME PART OF A DYNAMIC AND EXCITING WORLD.

DEGREE IN PHYSICAL ACTIVITY AND SPORT SCIENCE

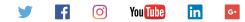
FACULTY OF HEALTH SCIENCES

CAREER OPPORTUNITIES

- School physical education, guided activities, etc.
- Coach, trainer, coaching, sports performance researcher, etc.
- Physical activity for health: Motor re-education, physical activity adapted to special population groups, etc.
- Sports management in federations, clubs, sports centres, sports equipment and services companies, etc.

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240 ECTS 4 vears



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- WORK EXPERIENCE
- **RESEARCH GROUPS IN HEALTH SCIENCES**





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STUDY PROGRAMME

FIRST YEAR			
SEMESTER 1	ECTS	SEMESTER 2	ECTS
Functional Anatomy	6	Physiology	6
Information Technologies	6	Pedagogy	6
Foundations of History and Society	6	English I	6
Foundations of Sport I	6	Foundations of Sport III	6
Foundations of Sport II	6	Foundations of Sport IV	6

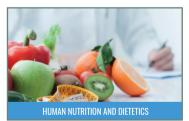
SECOND YEAR	
SEMESTER 1	ECTS
Physiology of Exercise	6
English II	6
Research Methodology	6
Games and Basic Motor Skills	6
Psychology	6

SEMESTER 2 EC	TS
Corporal Expression and Dance	6
Biomechanics	6
Statistics	6
Physical Activity in Nature	6
Learning and Motor Development	6

SCHOLARSHIPS AND STUDY GRANTS



DOUBLE DEGREE POSSIBLE WITH:



Prospectus published in May 2018. The content of these programmes may be subject to variations depending on specific legislative changes and their implementation. It will also be subject to internal organisation requirements.

THIRD YEAR			
SEMESTER 1	ECTS	SEMESTER 2	ECTS
Training Methodology	6	Training Planning and Control	6
Pathologies and Physical Exercise	6	Prescription of Exercise for Special Population Groups	6
Didactics	6	Analysis of Physical Activity and Sport	6
Effective Communication Techniques	6	Facilities and Equipment	6
Structure and Organisation of Institutions	6	Sports Systems Planning and Management	6

FOURTHIE	AR				
SEMESTER 1		ECTS	SEMESTER 2		ECTS
Practicum (P	racticum)				12
Sports Legis	Sports Legislation and Ethics		Dissertation	Dissertation	
Business Eco	Business Economics		Activities for S	Activities for Sports Centres	
	Nutrition and Supplements	6	Optional*	Physical Exercise and Disability	6
Optional*	Readaptation to Physical Exercise	6		Personal Training	6
	Active Tourism Company Management	6		Business Creation	6
	Business Organisation	6		Public Administration and Sport	6

(*)Students must choose 24 credits in optional courses, of which, under current regulations, the University can recognise up to 6 credits for participation in university activities related to culture, sports, student representation, collaboration with departments, groups and research projects, solidarity, cooperation or similar.