



Universidad Europea  
Miguel de Cervantes

**TRAIN TO HELP OTHERS  
ENJOY HEALTH. GET READY  
TO OVERCOME THE MOST  
CHALLENGING GOALS.  
BECOME PART OF A DYNAMIC  
AND EXCITING WORLD.**



## DEGREE IN PHYSICAL ACTIVITY AND SPORT SCIENCE

FACULTY OF HEALTH SCIENCES

4 years

240 ECTS



IN-CLASS

### CAREER OPPORTUNITIES

- School physical education, guided activities, etc.
- Coach, trainer, coaching, sports performance researcher, etc.
- Physical activity for health: Motor re-education, physical activity adapted to special population groups, etc.
- Sports management in federations, clubs, sports centres, sports equipment and services companies, etc.



- ✓ • SPORTS FACILITIES FOR PRACTICAL TRAINING
- ✓ • TEACHERS IN TOUCH WITH THE PROFESSION
- ✓ • WORK EXPERIENCE
- ✓ • RESEARCH GROUPS IN HEALTH SCIENCES

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[www.international.uemc.es](http://www.international.uemc.es)



WE FOSTER YOUR  
TALENT AND YOUR  
PROFESSIONAL  
CAREER



PROFESSIONAL  
FOCUS AND JOB  
OPPORTUNITIES



UEMC  
ENTREPRENEURS  
CLUB



INTERNATIONAL  
MOBILITY



INTERNATIONAL  
MENTORING  
PROGRAMME

## STUDY PROGRAMME

### FIRST YEAR

SEMESTER 1	ECTS	SEMESTER 2	ECTS
Functional Anatomy	6	Physiology	6
Information Technologies	6	Pedagogy	6
Foundations of History and Society	6	English I	6
Foundations of Sport I	6	Foundations of Sport III	6
Foundations of Sport II	6	Foundations of Sport IV	6

### SECOND YEAR

SEMESTER 1	ECTS	SEMESTER 2	ECTS
Physiology of Exercise	6	Corporal Expression and Dance	6
English II	6	Biomechanics	6
Research Methodology	6	Statistics	6
Games and Basic Motor Skills	6	Physical Activity in Nature	6
Psychology	6	Learning and Motor Development	6

### THIRD YEAR

SEMESTER 1	ECTS	SEMESTER 2	ECTS
Training Methodology	6	Training Planning and Control	6
Pathologies and Physical Exercise	6	Prescription of Exercise for Special Population Groups	6
Didactics	6	Analysis of Physical Activity and Sport	6
Effective Communication Techniques	6	Facilities and Equipment	6
Structure and Organisation of Institutions	6	Sports Systems Planning and Management	6

### FOURTH YEAR

SEMESTER 1		ECTS	SEMESTER 2		ECTS
Practicum (Practicum)					12
Sports Legislation and Ethics		6	Dissertation		6
Business Economics		6	Activities for Sports Centres		6
Optional*	Nutrition and Supplements	6	Optional*	Physical Exercise and Disability	6
	Readaptation to Physical Exercise	6		Personal Training	6
	Active Tourism Company Management	6		Business Creation	6
	Business Organisation	6		Public Administration and Sport	6

## SCHOLARSHIPS AND STUDY GRANTS



## DOUBLE DEGREE POSSIBLE WITH:



Prospectus published in May 2018. The content of these programmes may be subject to variations depending on specific legislative changes and their implementation. It will also be subject to internal organisation requirements.

(\*Students must choose 24 credits in optional courses, of which, under current regulations, the University can recognise up to 6 credits for participation in university activities related to culture, sports, student representation, collaboration with departments, groups and research projects, solidarity, cooperation or similar.